

Footstools / Foot Rests

A footstool / foot rest fulfils a few different functions. It provides a firm surface for someone whose feet don't quite touch the ground and, if angled, it can help keep the user firmly planted in their chair. Footrests are particularly important when the chair or desk is non adjustable. It can also be used in standing work positions. By resting one foot on the footstool, strain is taken off the back.

There are a variety of footrests available. Where possible it is recommended that you buy a heavy duty one, so that it can be used for many years without problems and that it has angle adjustment and preferably height adjustment.

Orthotilt Heavy Duty Footrest

Orthotilt (by Therapod) make a heavy duty model of foot rest that adjusts between 5° and 60° and is designed for both use in sitting and standing.

Height adjustable feet are also available at additional cost.

Cost: \$130.00



3M Foot Rest

- Adjustable footrest in Charcoal Grey.
- Extra Wide 55 cm platform.
- Heavy duty steel construction and non-skid base.
- 3M Safety Walk Slip-Resistant Surface keeps feet and foot pedals from sliding

Cost: \$134.00

3M also make a smaller version **WR330**, which has a plastic moulded surface with similar construction, just smaller platform size, 33cm x 46cm wide.

Cost: \$115.00



Vutek Drafting Footstool

Please ask for our separate brochure on the height adjustable footstool that is suitable for higher bench situations or drafting work areas.

Cost: \$148.00



The Foot Machine

The Foot Machine is a premium product.

Studies have shown that 70% of all women and 40% of all men have health problems such as blood clots, varicose veins and pressure on the Achilles tendon due to pooling of fluids in the lower limbs as a result of sitting all day. The Foot Machine, with its ball bearing roller design, encourages gentle rocking of the feet in the same way a rocking chair encourages motion. The subconscious rocking uses most of the lower leg muscles, moving the blood out of the lower legs and back into circulation. The Foot Machine also performs as a standard footrest providing support for the legs and relieving pressure on the lower back.



- Not stock item, special orders only

Cost: \$148.50

Fellowes Standard Australian Made Footrest (24950 / 24951)

- Available in standard and height adjustable models.
- Made from strong single piece of metal with carpet cover.
- Height adjustable model features screw in feet.

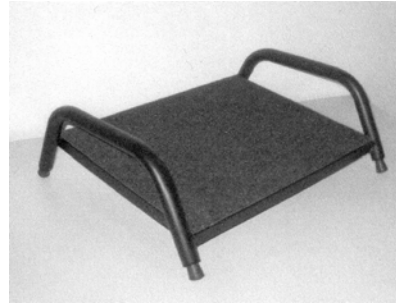
Cost: Height Adjustable model \$98
 Standard Model \$69.00
Not stock item, special orders only



Metro Footrest

- Each leg is height adjustable via screw in leg.
- Fixed angle
- Heavy duty steel tubular construction

Cost: \$148.50



The Relax Footrest

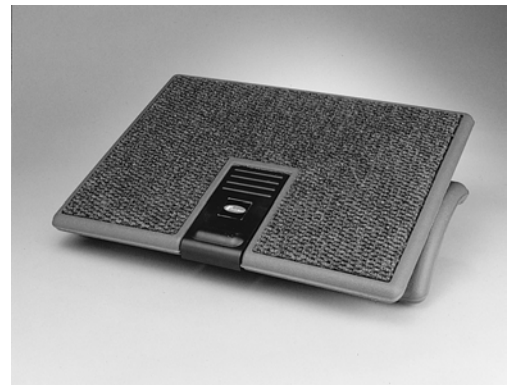
- The Relax Footrest incorporates a removable cover which reveals a compartment for foot controls of dicing machines and copyholders.
- It features a wide range of adjustment and is made from strong polystyrol plastic.
- Platform: 450 x 350mm
- Adjustment: 27-125mm (min-max front and rear)
- Compartment: 210 x 120 x 20mm
- Not stock item, special orders only

Cost: \$130.90

Fellowes Premium Ergonomic Foot Rest

- Elegant patented design
- Features easy, one knob height adjustment
- Hands free front to back tilt lever
- Rugged graphite gray carpet covering, easy clean with soap & water
- Not stock item, special orders only

Cost: \$130.00



Prices are GST inclusive and correct in August 06.

Delivery charges are extra.